



PRESENTS

# Journey to “I Am”...



Joan Doey: Time to Heal

Trained in many modalities including: Bowen Therapy, Reiki, Rahanni, Indian Head Massage, Reflexology, Soul Genesis and Life Coach.



Dominique Hurley:

Intuitive visionary artist, naturotherapist, educator, and the creator of the Intuition Into Action Treasure Map: 5 Steps to a Happy Healthy Life.



Alison Normore:

Author, entrepreneur and Founder of the Institute of Ancestral Wisdom. 25 years experience, a Ph.D. in Family Relations and Human Development. Shamanic training.



Carmelita Morgan:

A Registered Yoga Teacher who completed her 200-hour certification in 2011 and her Professional Level 500-hour certification in 2014.

A transformational Autumn Retreat will be celebrated at the scenic Strawberry Hill Resort on the West Coast of Newfoundland October 12th & 13th, 2018

**When**

October 12<sup>th</sup> @ 5:30 pm - 10:00 pm

October 13<sup>th</sup> @ 8:00am - 4:30 pm

**Where**

Strawberry Hill Resort - Little Rapids, NL

A limited number of rooms are reserved for this event at a discounted price. You are responsible for your own lodgings and are encouraged to book early at: [www.strawberryhill.ca](http://www.strawberryhill.ca) or 709.634.0066

**Cost**

Registration cost for this retreat is \$250/person and will begin on August 15th, 2018. Space for this event is limited and you are encouraged to e-transfer your registration fee early to [sevameditation@gmail.com](mailto:sevameditation@gmail.com) or go to [www.sevameditation.com](http://www.sevameditation.com) for registration forms and mailing address.

**Guests will experience:**

Introduction to Primordial Sound Meditation

Guided Group Meditations Sessions

Journey to the Heart Experience

The Path to Self Love

Yoga

Intuitive Walkabout in Nature Session

Ceremonial Autumn Fire

Paintng Display: Denise Hynes

Musical Entertainment: Tara Quilty and friends

Nutrition breaks - assorted muffins & fruit

Silent Lunch - soup, sandwich & sweet treat:

Tea/Coffee /Water



HOST: SHARON EVANS, SEVA MEDITATION

Primordial Sound Meditation Instructor. Trained and certified at the Chopra Center University in Carlsbad, California by Deepak Chopra, M.D. (featured teacher at [chopra.com](http://chopra.com))

~SEVA Meditation will donate a portion of profits from this retreat to Mental Health Research. ~

**Inquiry:**

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